

# What do you do if a fire breaks out?



Start preliminary fire extinguishing as soon as the fire breaks out!

## Action 1 Reporting

**In a loud voice, yell out "Fire!"**

- Yell in a loud voice and inform the neighbors. If you cannot yell, ring an emergency bell or bang on something that makes noise.
- Regardless of how small the fire is, always dial 119.

## Action 2 Preliminary Fire Extinguishing

**The key is how immediately you take an action after a fire breaks out**

- It is possible to extinguish a fire as long as it has not yet spread outward.
- Use cups of water, cushions and other nearby items to the greatest extent possible.

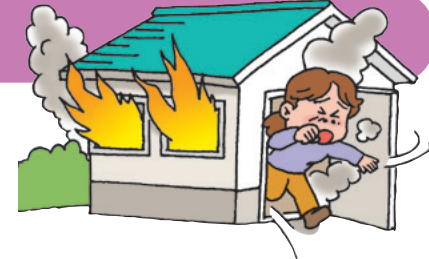
## Action 3 Evacuation

**Evacuate immediately if the fire has spread to above your height**

- When evacuating, close the windows and doors of the room on fire to shut off the air supply. Act quickly.

## If you sense danger, evacuate immediately!

The most important thing is to evacuate immediately as soon as you sense danger to yourself. Don't be particular about your clothes or the items you are carrying. While remembering the following points, evacuate as quickly as possible. Once you have evacuated, do not return to the area of the fire for any reason. Regardless of circumstance, always be careful not to breathe in any smoke as you act. (For detailed information, see "The Truly Dangerous Thing is Smoke!" on the following page)



### Evacuating from the Second Story

Evacuate using a rope or rope ladder. You can tie sheets or curtains together to act as a rope. If you are forced to jump, drop a comforter or mattress down first to act as a cushion.



### When Inside a Large Building

If the fire started on a floor above you, use the stairs to evacuate downwards. If the fire started on a floor below you, escape using an outside staircase. If you cannot escape going downward, wait for help on the windward side of the roof. Never use elevators.



### If you have to run through flames

Run through the flames quickly without hesitation. Wrapping a wet sheet around your entire body is effective.

### When at an Underground Shopping Area

Put yourself close to a wall and quickly flee from the smoke. Exits are placed approximately 60 meters apart, so run along the wall. Follow the instructions of officials to avoid being caught up in a panic.

### When in a Department Store or Similar Location

When a fire breaks out in a commercial facility such as a department store or hotel, adhere to the instructions of the in-house broadcasts and guides. If you do not know where the emergency exit is located, move along the wall following the guide lights.

### When You are Trapped

If the door knob is hot, there is the danger that the hallway has reached a very high temperature. If you sense it is dangerous, do not evacuate through the door. Seal the spaces around the door with a wet towel or similar item, open the window and inform the people outside that you are trapped. If you cannot yell, blow a whistle or bang objects together to inform the persons outside.



**When Evacuating, Children, the Elderly and the Sick Take Priority!**



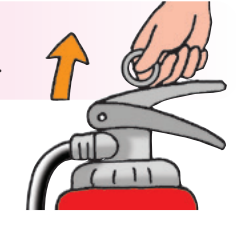
## Let's Memorize How to Use Fire Extinguishers

### Fire Extinguisher Types

Fire extinguishers have labels that display what kinds of fires they are suited to; select a fire extinguisher that is suited to the intended application. For general household use, all-purpose dry chemical fire extinguishers and loaded stream fire extinguishers are handy.

### How to Use a Fire Extinguisher

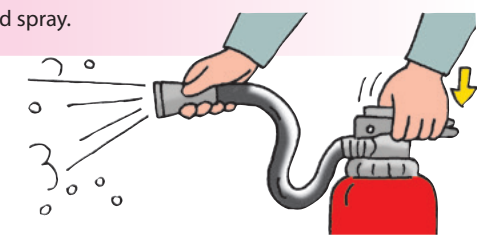
**1** Put your finger on the pin and pull it upwards and out.



**2** Release the hose and aim it at the fire.



**3** Firmly grasp the lever and spray.



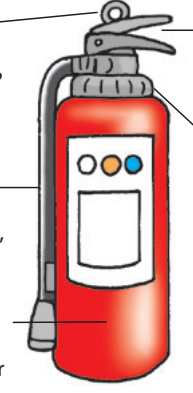
### Posturing

- 1 Stand upwind and position yourself there.
- 2 Drop your waist and posture yourself low.
- 3 Avoid the smoke and do not face the flames head-on.
- 4 Do not aim; rather spray left and right as if sweeping the base of the flames.



### Inspection Points

- **Safety Pin**
  - Is it warped or damaged?
  - Is the seal broken?
- **Lever**
  - Check if it is not warped or damaged?
- **Hose**
  - Check if it is not cracked, deteriorated or loose?
- **Cap**
  - Check if it is not warped or loose?
- **Main Unit and Base**
  - Check if it is not rusted or warped?
- **If There is a Gauge**
  - Is the pressure needle within the normal value range (green area)?



## Using Home-Use Fire Detectors

**Allows You to Know Quickly When a Fire Breaks Out**

### Home-Use Fire Detector

When smoke or fire is detected, the unit will quickly notify you with an alarm. Fire detectors became mandatory with the 2004 revision of the Fire Services Act.



## The Truly Dangerous Thing ... is Smoke!

Smoke contains poisonous gases such as carbon monoxide, and breathing it in carries the risk of death from poisoning or other causes. In the 2001 Tokyo Shinjuku Kabuki-Cho building fire that claimed 44 lives, the majority were found to have died from carbon monoxide poisoning from smoke inhalation. If you are caught in a fire, keep in mind the points at right while evacuating.



- Cover your mouth and nose with a wet towel, handkerchief or other item. (If this is impossible, use a necktie or your clothes instead.)
- Lower yourself as much as possible.
- In stairwells, lower yourself and go down facing backwards.
- If it is a short distance, hold your breath and dash out quickly.
- If you cannot see well, evacuate by staying close to the wall.

Earthquakes/Tsunamis  
Fires  
Storm and Flood Damage/Landslides  
Urban Disasters  
Everyday Preparations  
Regional Disaster Prevention  
Disaster Prevention Map