



Suita City Living Guide for Foreign Residents



**If you have any questions, contact the Suita Multilingual One-Stop Consultation Center.
Please refer to page 3.**

**This guidebook was made based on the information as of 3, 2025. There may be changes made to the contents.
The Culture and Sports Promotion Office, City Allure Department, Suita City Hall
Tel: 06-6384-1231 (main phone number, Japanese only) Add: 1-3-40 Izumi-cho, Suita City, Osaka Prefecture**

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Consultation Desk for Non-Japanese Speakers

Suita Multilingual One-Stop Consultation Center

You can consult the staff on difficulties and questions in your daily life.
No fees are required.



Address

Suita International Friendship Association (SIFA)
6F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City
(Located close to Hankyu Minami-Senri Station)



Available days and times

Day	Time	Supported languages
Tue Wed	10:00 a.m. - 4:00 p.m.	【Staff members can talk in the languages below】 Japanese, English, Chinese, Korean, Vietnamese, Indonesian, Nepali, Portuguese *In case you speak in other languages, translation devices are available.
Mon Thu Fri		【Staff members can talk in the languages below】 Japanese, English *In case you speak in other languages, translation devices are available.

Contact information

TEL : 06-6835-1770

Email : soudan@suita-sifa.org

Website for details

<https://sifa-soudan.org/>

Language Support

Interpretation support, Japanese lessons, Japanese support for kids (*Sakura Hiroba*), website to learn Japanese

Interpretation support

The interpreters will support you if you are not confident communicating in Japanese. No fees are required.

You can go to the City Hall, a school, a hospital, etc. with the volunteer interpreters.

Necessary procedures

- ① Call the place you want to visit (ex. the City Hall, a school, a hospital) and fix the date and time.

*In case you cannot communicate in Japanese, call the "Suita Multilingual One-Stop Consultation Center" (page 3).



- ② The City Hall/school/hospital will contact the Suita International Friendship Association (SIFA), which will designate your interpreter.



- ③ When you go to the City Hall/school/hospital on the appointed day and time, your interpreter will be there.

Available places and languages

	The places where the interpreter can go with you	Interpretable languages
Municipal facilities	Suita City Hall, Suita City Board of Education, the health care center, municipal nursery schools, kindergartens, elementary schools, junior high schools, etc.	English, Chinese, Korean, Vietnamese, Tai, Nepali, Arabic, Indonesian
Hospital	① Suita Municipal Hospital (TEL06-6387-3311) ② Saiseikai Suita Hospital (TEL06-6382-1521) ③ Saiseikai Senri Hospital (TEL06-6871-0121) ④ Inoue Hospital (TEL06-6385-8651)	English, Chinese

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018346/1027748/index.html>

Contact information

Name	Address	TEL
Suita International Friendship Association (SIFA)	6F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6835-1192

Japanese language lessons

You can learn Japanese in the lessons.



Japanese language lessons taught by Japanese teachers

Classes	For whom
Nihongo 1 (Introduction to Beginner)	Those studying Japanese for the first time.
Nihongo 2 (beginner)	Those who can speak a little bit.
Nihongo 3 (Intermediate)	Those who are capable of simple conversations.

Exchange activities in Japanese run by volunteers

Classes	Contents
<i>Nihongo de Hanasou</i> Classes	A few volunteers and learners talk in Japanese.
<i>Nihongo Wai Wai</i> Class	Participants talk to each other in Japanese in small groups.
<i>Niko Niko Nihongo</i> Class	Participants learn Japanese in small groups.
<i>Minna no Kanji</i> Class	Participants learn kanji needed for their daily life.

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018346/1027747/index.html>

Contact information

Name	Address	Tel
Suita International Friendship Association (SIFA)	6F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6835-1192

Japanese language support for kids (*Sakura Hiroba*)

This is the class for children who need support to learn Japanese and who want to know more about their own cultures and languages.

	Contents
Eligible children	Children who go to municipal kindergartens (5 or 6-year-old-class), elementary and junior high schools in Suita City
Contents	<ul style="list-style-type: none">• Studying how to read and write Japanese• Talking in their mother languages as well as learning about their countries' cultures
Schedule	From 3:20 p.m. to 4:50 p.m. on Wednesdays (except for school holidays)
Venue	Suita City Takemidai Junior High School

Website for details

<https://www.city.suita.osaka.jp/kosodate/1018281/1018294/1003772.html>

Contact information

Name	Address	Tel
Suita City School Education Office	4F, Suita Thanks 3-bankan, 3-415, Asahi-machi, Suita City	06-6155-8207

Website to learn Japanese

This is a website where non-Japanese speakers can learn Japanese.
It is useful for people who want to learn Japanese.
No fees are required.

The website of The Japan Foundation Japanese-Language Institute, "*IRODORI*: Japanese for Life. in Japan"

<https://www.irodori.jpf.go.jp/>

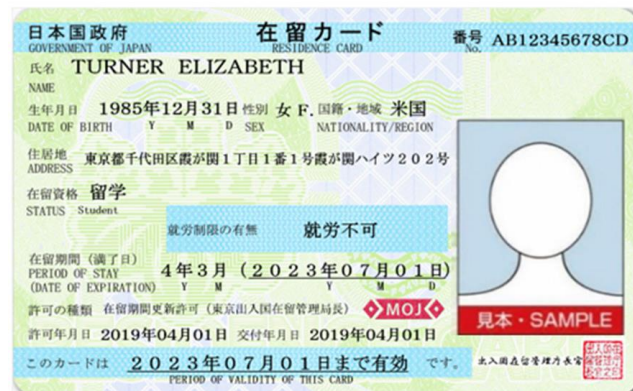
Residence Card

You can ask the Immigration Services Agency about the residence procedure and the residence card. When any of the contents other than the address change or when you lose your residence card, go to the Immigration Services Agency to go through the necessary procedure.

Website of the Immigration Services Agency

<http://www.moj.go.jp/isa/index.html>

Sample of a residence card



(Front)



(Back)

Location and contact information for the procedures

Name	Address	Tel
Osaka Regional Immigration Services Bureau, Inspection and Control Department	1-29-53, Nanko-kita, Suminoe-ku, Osaka City	0570-064-259

The First Thing to Do to Live in Suita City

The non-Japanese person who is going to live in Japan for over 3 months (who has their residence card) is required to go through the procedures below:

- ① Submit the moving-in notification to the City Hall or one of the branch offices within 14 days from the moving-in day. (page 12-13)



- ② Go through the procedure to issue your My Number Card. (page 14-16)
*Only if you want it



- ③ Go through the National Health Insurance procedure. (page 31-32)



- ④ Go through the National Pension procedure. (page 22-24)

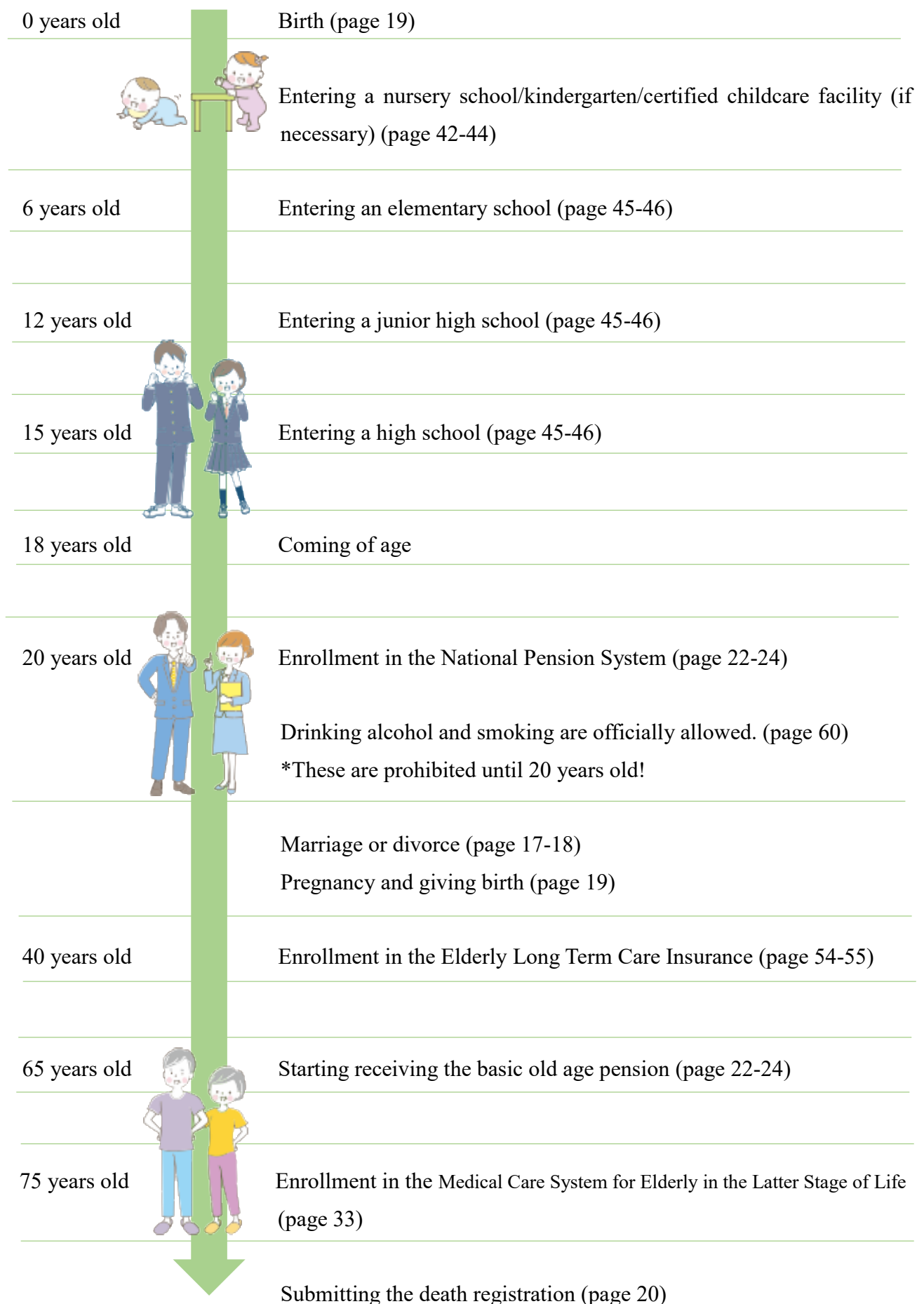


- ⑤ In case you have children, go through the procedure to enroll them at a nursery school, kindergarten, certified childcare facility, or school. (page 42-46)

*Regarding housing or water service/electricity/gas procedures, go to page 68-70.

Procedures Needed at Each Stage of Life

Example (Necessary procedures are different depending on the person.)



Various Procedures

Resident registration/moving-in notification/notification of change of address/moving-out notification, My Number, marriage registration/divorce registration/birth registration/death registration, stamp registration, National Pension System, taxes

Resident registration/moving-in notification/notification of change of address/moving-out notification

What kind of procedures are these?

Name	Description
Resident registration	Those who are going to live in Japan for over 3 months with their residence cards need to notify Suita City Hall that they live in Japan. They are required to register their address and so on.
Moving-in notification	This is the document that is required to be submitted to the City Hall or one of the branch offices when people move from other cities to Suita City. This is also necessary when people move from foreign countries. This must be submitted within 14 days from the moving day.
Notification of change of address	This is the document that is required to be submitted to the City Hall or one of the branch offices when people move within Suita City. This must be submitted within 14 days from the moving day.
Moving-out notification	This is the document that is required to be submitted to the City Hall or one of the branch offices when people move from Suita City to other cities. This is also necessary when people move to foreign countries. It can be submitted about 14 days prior to the scheduled moving day.

What is necessary?

- ① Residence card/special permanent resident certificate
- ② My Number Card (if you have one)
- ③ Moving-out certificate (required when you submit the moving-in notification from another city to Suita City)
*Sometimes this is not required if you have ②.
- ④ Passport (required when you submit the moving-in notification from another country)

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018370/1018372/1006650.html>

Location and contact information for the procedures

You can go through the procedures at any of the 4 places below:

Name	Address	Tel
Suita City Municipal Division	1-3-40, Izumicho, Suita City	050-1807-2219
Suita City Hall, Yamada Branch Office	2-5-1 Yamada Nishi, Suita City	06-6877-0813
Suita City Hall, Senrioka Branch Office	14-30 Senriokakami, Suita City	06-6877-0330
Suita City Hall, Senri Branch Office	1F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6871-0227

You do not need to pay if it is the first time to make it, but you may if you want to reissue it.

(Back)

How to make My Number Card

There are 3 ways to choose from in order to apply for it

How to apply	Description
Applying by mail	<p>Send the "application form for the individual number card" to Municipal Division of Suita City Hall by mail.</p> <p>【Mailing address】 1-3-40, Izumicho, Suita, Osaka, 564-8550 My Number Section, Municipal Division, Suita City Hall</p> <p>When your My Number Card is issued, the "notification of issuance" will be sent to your address. Go to the Municipal Division of Suita City Hall with the necessary documents to receive it.</p>
Applying on the Internet	<p>Scan the QR code on the paper to make the My Number Card (the application form for the individual number card) to apply for it. When your My Number Card is issued, the "notification of issuance" will be sent to your address. Go to the Municipal Division of Suita City Hall with the necessary documents to receive it.</p>
Applying at City Hall	<p>Go to the Municipal Division of Suita City Hall to apply. Your My Number Card will be sent to your address.</p>

Website for details

- Website of the Municipal Division of Suita City Hall
<https://www.city.suita.osaka.jp/kurashi/1018370/1018387/index.html>
- My Number Card Comprehensive Website (The Japan Agency for Local Authority Information Systems (J-LIS))
<https://www.kojinbango-card.go.jp/>
※ The website below explains about the My Number Card in English, Chinese, Korean, Spanish, and Portuguese.

National toll-free number for My Number

Tel: 0120-0178-27

*The My Number Card system can be explained in English, Chinese, Korean, Spanish, Portuguese, Thai, Nepali, Indonesian, Vietnamese, Nepali, and Tagalog.

Call this number in case you lose your notification for the individual number, notification card, My Number Card, or smartphone on which you can use My Number Card and other electronic certificates. Your My Number will be disabled.

Location and contact information for My Number Card procedures

Name	Address	Tel
Suita City Municipal Division	1-3-40, Izumi-cho, Suita City	<ul style="list-style-type: none">• Suita City Municipal Division 050-1807-2219• Suita City My Number Call Center 06-6318-7775

Marriage registration/divorce registration/birth registration/death registration

What are these?

Name	Description
Marriage registration	This document notifies Suita City Hall of your marriage.
Divorce registration	This document notifies Suita City Hall of your divorce.
Birth registration	This document notifies Suita City Hall of your childbirth.
Death registration	This document notifies Suita City Hall of someone's death.

Procedures for marriage registration (when you get married)

- ① You must obtain the "certificate of legal capacity/eligibility for marriage" (the document to prove the person is legally capable of marriage in Japan) at the embassy or the consulate.



- ② Submit the "marriage registration form", "certificate of legal capacity for marriage", and your passport to the Municipal Division of Suita City Hall or one of the branch offices. The "marriage registration form" can be found at the Municipal Division of Suita City Hall and the branch offices.



- ③ You are required to go through the certain procedures in your home country as well.
*Even if your marriage or divorce is permitted under the Japanese law, there are some cases that your country does not permit it.
For details, inquire with your country's embassy or consulate.



- ④ When your status of residence or name changes because of marriage, you need to go to the Immigration Services Agency of Japan (Osaka Regional Immigration Services Bureau) (contact information: page 9).
If you are a "special permanent resident", you should go to the City Hall in your living area.
*In case you do not complete the procedures for obtaining a status of residence, you may not be able to stay in Japan. Be sure to go through the required procedures.

***Note**

The necessary documents may vary depending on your home country. Be sure to inquire with the Municipal Division of Suita City Hall or one of the branch offices (in Senri, Yamada, or Senrioka) before submitting the marriage registration form. (contact information: page 20)

Procedures for divorce registration (when you get divorced)

- ① Submit the "divorce registration form" to the Municipal Division of Suita City Hall or one of the branch offices.
The "divorce registration form" can be found at the Municipal Division of Suita City Hall and the branch offices.



- ② You are required to go through the certain procedures in your home country as well.
*Even if your divorce is permitted under the Japanese law, there are some cases where your country does not permit it.
For details, inquire with your country's embassy or consulate.



- ③ When your status of residence or name changes because of divorce, you need to go to the Immigration Services Agency of Japan (Osaka Regional Immigration Services Bureau) (contact information: page 9).
If you are a "special permanent resident", you should go to the City Hall in your living area.

*In case you do not complete the procedures for obtaining a status of residence, you may not be able to stay in Japan. Be sure to go through the required procedures.
*If you have the status of residence and are married to a Japanese person, you may lose your status of residence when you get divorced.

Couples that consist of a non-Japanese and a Japanese resident

- With the mutual consent of the married couple, it will be effective under the Japanese law.
- Submit the "divorce registration form" to the Municipal Division of Suita City Hall or one of the branch offices (in Senri, Yamada, or Senrioka).

Couples that consist of non-Japanese residents

- Some conditions are required to get divorced under the Japanese law.
- Before submitting the divorce registration form, inquire with the Municipal Division of Suita City Hall or one of the branch offices (in Senri/Yamada/Senrioka) about necessary documents. (contact information: page 20)

Procedures for birth registration (when your baby is born)

- ① Submit the "birth registration form" including the "certificate of birth" issued by the hospital, and "Maternal and Child Health Handbook (Boshi kenko techo)" (page 37) to the Municipal Division of Suita City Hall or one of the branch offices.



- ② 【In case both of the parents are non-Japanese】
Notify the embassy and the consulate of the childbirth.



- ③ 【In case both of the parents are non-Japanese】
Acquire the status of residence for your child at the Immigration Services Agency of Japan. (Osaka Regional Immigration Services Bureau) within 30 days from the birth date. (contact information: page 9)
Those who are leaving Japan within 60 days from their birth are not required to go through the procedure.

*Note

If you are a "special permanent resident", you should inquire with the the Municipal Division of Suita City Hall or one of the branch offices (in Senri/Yamada/Senrioka) about the necessary procedures beforehand.

Procedures for death registration (when a family member dies)

- ① Submit the "death registration form" including the "certificate of death (post-mortem certificate)" issued by the doctor to the Municipal Division of Suita City Hall or one of the branch offices. It has to be submitted within 7 days from the day you find out about the death. Funeral homes can submit the form in your place.

You can submit the form to any of the places below:

- The city hall of the area where the person passed away
- The city hall of the area where the submitter of the form lives
- If the deceased is Japanese, the deceased's permanent address



- ② The "residence card" or "special permanent resident certificate" of the deceased has to be returned to the Immigration Services Agency of Japan. (contact information: page 9)



- ③ Certain procedures are required in the home country of the deceased, which may vary depending on the country. For details, inquire with the embassy/consulate.

Location and contact information for marriage registration/divorce registration/birth registration/death registration

Name	Address	Tel
Suita City Municipal Division	1-3-40, Izumi-cho, Suita City	050-1807-2219
Suita City Hall, Yamada Branch Office	2-5-1 Yamada Nishi, Suita City	06-6877-0813
Suita City Hall, Senrioka Branch Office	14-30 Senriokakami, Suita City	06-6877-0330
Suita City Hall, Senri Branch Office	1F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6871-0227

Stamp registration

What is this?

- This is the procedure to register your personal stamp (*Inkan/Hanko*) as the official one.
- The registered stamp is called "*Zitsuin*".
- After the registration, the city hall will provide you a "stamp registration card (*Inkantourokushou*)".
- This is used when you make important contracts, such as buying a house or a car.

Note

- If you are not from a country where Chinese characters (*kanji*) are used;
Inquire with the City Hall or one of the branch offices if alphabetical characters are available.
- If you are from a country where Chinese characters (*kanji*) are used;
There are some unavailable characters. Inquire with the City Hall or one of the branch offices.

What is necessary?

- The residence card/special permanent resident certificate
- The stamp to be registered

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018370/1018377/1006677.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City Municipal Division	1-3-40, Izumi-cho, Suita City	050-1807-2219
Suita City Hall, Yamada Branch Office	2-5-1 Yamada Nishi, Suita City	06-6877-0813
Suita City Hall, Senrioka Branch Office	14-30 Senriokakami, Suita City	06-6877-0330
Suita City Hall, Senri Branch Office	1F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6871-0227

National Pension System

What is this?

- All people who live in Japan, aged between 20 and 59, are required to join the National Pension System.
- You can receive the National Pension from 65 years old.
- There are three categories under the National Pension System. The description of each category is written below.

Those who have to enroll in the National Pension System

Name	Description
Category 1 policyholder	Self-employed people, students, etc. who live in Japan, aged between 20 and 59
Category 2 policyholder	Those who are working at a company and eligible for the Employee's Pension Insurance (except for those who are over 65 years old and covered by the Old-age Employees' Pension.)
Category 3 policyholder	Dependent spouses of the Category 2 policyholders who are aged between 20 and 59

Procedures to enroll in the National Pension System

Name	Description
Category 1 policyholder	The procedure must be completed at the National Pension Section of the Municipal Division of Suita City Hall.
Category 2 policyholder	The company where you are working completes the procedure.
Category 3 policyholder	The company where your spouse (the Category 2 policyholder) is working completes the procedure. The "notification of change of health insurance dependents" is required.

Pension payments (the money you have to pay)

	Description
Amount	The Category 1 policyholders pay the same amount.
Payment	Pay with the "national pension payment guide", which is sent by Japan Pension Service, by the end of the following month.
Payment exemption systems	<p>For those who are the Category 1 policyholders and have difficulty paying the monthly amount, the exemption system or the special payment system for students is available.</p> <p>If you use either of these systems, you will not have to pay for the National Pension System.</p> <p>At the same time, these systems guarantee your rights to receive the Old-age Employees' Pension, the Disability Pension, etc.</p>

Pension benefits (the money you receive)

	When to receive
Old-age Basic Pension	Those who enrolled in the National Pension System/the Employees' Pension Insurance System and fulfilled the requirements for over 10 years are eligible to receive the Old-age Basic Pension after they turn 65 years old.
Disability Basic Pension	In some cases, those who are covered by the National Pension System can receive this when disabilities are caused by illnesses or injuries.

Pension System for non-Japanese people

- Lump-sum withdrawal payment for short-term residents
Non-Japanese people who have paid contributions to the National Pension System/the Employees' Pension Insurance System for over 6 months but are ineligible to receive the Old-age Basic Pension, will not be covered by these systems.
Part of the amount can be reimbursed (lump-sum withdrawal payment) if they apply for it within 2 years after their departure from Japan.
- Social security agreement
Non-Japanese people who live in Japan are required to join pension systems both in their home countries and Japan.
Counting the total insured period in both countries will make it easier to fulfill the required insured period to receive the pension benefit.

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018398/index.html>

Places and contact information for procedures

Name	Address	Tel
Suita City Municipal Division	1-3-40, Izumi-cho, Suita City	050-1807-2219
Japan Pension Service, Suita Branch Office	2-1-18, Katayama-cho, Suita City, Osaka	06-6821-2401

Taxes

What are these?

Name	Description
Taxes	These are paid to the national government, Osaka Prefecture, and Suita City. All people who work, live, and/or have assets (ex. land or houses) in Japan must pay taxes.
Income tax	This tax, paid by those who earn money (ex. salary), goes to the national government. For details, inquire with the Suita Tax Office.
Resident tax	This is paid to Suita City. Those who live and work in Japan as of January 1st have to pay it. For details, inquire with the Municipal Tax Division of Suita City Hall (the Individual Resident Tax Section).
Property tax	This is paid to Suita City and other authorities. Those who own land/buildings (ex. houses, apartments, stores) as of January 1st are required to pay for it. For details, inquire with the Municipal Tax Division of Suita City Hall.
Vehicle/Light vehicle tax (environmental performance-based)	This is paid when you buy a car. For details, inquire with the Osaka Automobile Tax Call Center.
Vehicle/Light Vehicle tax (category-based)	Those who own cars or motorbikes as of April 1st are required to pay for it. For inquiries regarding cars, contact the Osaka Automobile Tax Call Center. As for small cars (kei jidosha) and motorbikes, inquire with the Municipal Tax Division of Suita City Hall (the Light Motor Vehicle Tax Section).
Consumption tax	A tax of 8% or 10% has to be paid when you buy items or receive services. For details, inquire with the Suita Tax Office.

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018404/index.html>

Location and contact information for the procedures

Name	Address	Tel
Municipal Tax Division of Suita City Hall (the Individual Resident Tax Section)	1-3-40, Izumi-cho, Suita City	06-6384-1248
Property Tax Division of Suita City Hall		06-6384-1245
Municipal Tax Division of Suita City Hall (the Light Motor Vehicle Tax Section)		06-6384-1244
Suita Tax Office	3-16-22 Katayama-cho, Suita City	06-6330-3911
Osaka Automobile Tax Call Center	-	0570-020-156

Various Certificates

Certificate of residence/stamp registration certificate/tax certificates

Certificate of residence/stamp registration certificate

What are these?

Name	Description
Certificate of residence	<p>When you register as a resident (page 12-13), the City Hall will issue your certificate of residence, which has your name, address, date of birth, status of residence (the certificate that proves you can live in Japan), etc.</p> <p>This is necessary when you receive municipal services. A fee will be charged to issue a copy of the certificate of residence.</p>
Stamp registration certificate	<p>This certificate proves that your registered stamp (<i>Inkan/Hanko</i>) is the one registered at the City Hall (called "<i>Zitsuin</i>").</p> <p>This is necessary to buy a house, a car, etc. Refer to the page 21 to see how to register your stamp. A fee will be charged to issue the stamp registration certificate.</p>

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018370/index.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City Municipal Division	1-3-40, Izumi-cho, Suita City	050-1807-2219
Suita City Hall, Yamada Branch Office	2-5-1 Yamada Nishi, Suita City	06-6877-0813
Suita City Hall, Senrioka Branch Office	14-30 Senriokakami, Suita City	06-6877-0330
Suita City Hall, Senri Branch Office	1F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6871-0227

*If you have your My Number Card, you can use a copier at a convenience store to issue the documents.

Tax certificates

What are these?

These are the certificates required when you renew your status of residence, rent/buy a house, and so on.

Tax certificates that are issuable at the City Hall

	Description
Certificate of taxable income for prefectural and municipal taxes	<p>This certificate is equivalent to the tax certificate and the tax exemption certificate.</p> <p>It shows the previous year income and the tax amount.</p> <p>Those who did not declare their previous year income are not eligible to receive this certificate.</p> <p>For details, inquire with the Municipal Tax Division of Suita City Hall (the Certificate Section).</p>
Payment certificate for municipal taxes	<p>This certificate proves that the person paid the municipal taxes.</p> <p>There are tax payment certificates for the "municipal/prefectural taxes", "property tax", "corporate inhabitant tax", etc.</p> <p>These are issued only for those who have to pay the municipal taxes.</p> <p>For details, inquire with the Municipal Tax Division of Suita City Hall (the Certificate Section).</p>
Certificates for fixed assets (land, houses, etc.)	<p>These certificates prove the assessed value of land, houses, etc.</p> <p>They are issued for those who own land, houses, etc. in Suita City.</p> <p>For details, inquire with the Municipal Tax Division of Suita City Hall (the Certificate Section).</p>

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018404/1018415/index.html>

Location and contact information for the procedures

Name	Address	Tel
Municipal Tax Division of Suita City Hall (the Certificate Section)	1-3-40, Izumi-cho, Suita City	06-6384-1243

What are these?

These are the insurances to prepare for illnesses and injuries.

Those who have such insurance will be required to pay part of fees when they receive a medical examination at the hospital. The rest is paid by the national government and the City Hall.

There are three types of medical insurances.

All people are required to join one of them under the Japanese law.

- ① National Health Insurance ...page 31-32
- ② Social insurance (the health insurance in your workplace) ...page 32
- ③ Medical Care System for Elderly in the Latter Stage of Life (for over 75-year-old people) ...page 33

National Health Insurance

Who needs to enroll?

- Non-Japanese people who live in Japan for over 3 months
- Those who are not covered by the health insurance of their workplace
- Those who are younger than 75 years old
- Those who are not receiving any public assistance

*Those who have special certificates (ex. the status of residence for medical-stay of "Designated Activities") cannot join National Health Insurance.

Payment for the National Health Insurance

- The amount is decided depending on the number of family members, the income of the previous year (received money including salary), etc.
- Premiums should be paid every month.
- In case your income suffered a significant reduction in the previous year, the insurance premiums can be lowered.

Inquire with the National Health Insurance Division of Suita City Hall.

【How to pay the premiums】

After the enrollment in the National Health Insurance, the statement of payment will be sent by mail from the National Health Insurance Division of Suita City Hall. Make a payment at banks, post offices, convenience stores, or on your smartphone by the due date.

When is the time to enroll or withdraw?

Enrollment	<ul style="list-style-type: none">• When you withdraw from the health insurance of the workplace• When you move• When your baby is born
Withdrawal	<ul style="list-style-type: none">• When you enroll in the health insurance of the workplace• When you move from Suita City to another city• When the person insured by the National Health Insurance passes away

*When enrolling in or withdrawing from the National Health Insurance, go through the procedures within 14 days.

Website for details

<https://www.city.suita.osaka.jp/kenko/1018391/index.html>

Location and contact information for the procedures

Name	Address	Tel
National Health Insurance Division of Suita City Hall	1-3-40, Izumi-cho, Suita City	050-1807-2183

Social insurance

Those who are working at a company enroll in the company's health insurance.

There are some requirements such as the amount of your monthly salary to enroll in the company's health insurance.

The family members living in Japan can enroll in the health insurance as well.

You cannot go through the procedures at Suita City Hall.

Inquire with your company for details.

Medical Care System for Elderly in the Latter Stage of Life

Eligible people

- People at the age of 75 or older
(Those who are between 65 and 74 years old can enroll if they are recognized as having a disability by the Osaka Prefectural Wider-area Union for the Medical Care System for Elderly People.)
 - Non-Japanese people who stay in Japan for over 3 months
- *Those who have the Special Permission to Stay in Japan are not eligible.

Enrollment

Those who are going to turn 75 years old will be automatically enrolled prior to their birthday.

Website for details

<https://www.city.suita.osaka.jp/kenko/1018402/index.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City National Health Insurance Division	1-3-40, Izumi-cho, Suita City	050-1807-2183
Association for the Medical Care System for Elderly in the Latter Stage of Life	8F, Chuo-Odori FN Bld., 1-3-8, Tokiwa-cho, Chuo-ku, Osaka City	06-4790-2028

My Number Health Insurance Certificate

What is this?

My Number Health Insurance Certificate is the My Number Card linked with the health insurance certificate.

(If you want to issue your My Number Card, refer to page 14-16)

The holders can use it at hospitals instead of their insurance card.

If you do not have your My Number Health Insurance Certificate

Policyholders of the National Health Insurance	<p>【From Nov. 1st, 2024 to Oct. 31st, 2025】 The holders of a valid insurance card can use it until its expiration date. Those who do not have their insurance card/My Number Health Insurance Certificate or who changed their address, can receive the "certificate of eligibility".</p> <p>【From Nov. 1st, 2025】 Those who do not have their My Number Health Insurance Certificate or who changed their address, can receive the "certificate of eligibility"</p>
Policyholders of the Medical Care System for Elderly in the Latter Stage of Life	<p>【From Aug. 1st, 2024 to Jul. 31st, 2025】 The holders of a valid insurance card can use it until its expiration date. Those who do not have their insurance card or who changed their address, can receive the "certificate of eligibility".</p> <p>【From Aug. 1st, 2025】 Those who do not have their My Number Health Insurance Certificate or who changed their address, can receive the "certificate of eligibility".</p>

Website for details

<https://www.city.suita.osaka.jp/kenko/1018391/1018392/1016218.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City National Health Insurance Division	1-3-40, Izumi-cho, Suita City	050-1807-2183
Association for the Medical Care System for Elderly in the Latter Stage of Life	8F, Chuo-Odori FN Bld., 1-3-8, Tokiwa-cho, Chuo-ku, Osaka City	06-4790-2028

Pregnancy and Childbirth

Procedures from pregnancy to delivery, Mother and Child Health Handbook, subsidy for delivery, consultation

Procedures from pregnancy to delivery

- ① When you find out you are pregnant, you must submit the pregnancy notification form (the document to notify the local government of your pregnancy) to the Suita City *Sukoyaka Oyakoshitsu* or its Minami-Senri branch.



- ② Receive the “Mother and Child Health Handbook” and the "Separate Volume of Maternal and Child Health Handbook". (page 37)

*The Mother and Child Health Handbook is also available in several languages.



- ③ The costs of giving birth will be covered by Suita City Hall. If necessary, inquire with the Child-rearing Support Division of Suita City Hall. (page 38)



- ④ When your baby is born, submit the birth registration form to the Municipal Division of Suita City Hall or one of the branch offices. (page 19)

Mother and Child Health Handbook

What is this?

	Description
Mother and Child Health Handbook	<ul style="list-style-type: none">• The handbook tells important things to raise your baby.• Record how your baby is growing and what kind of diseases they get.• Record the types of vaccination (shots to prevent diseases) your baby gets.• Bring your Maternal and Child Health Handbook when you go to the hospital.
Separate Volume of Maternal and Child Health Handbook	<ul style="list-style-type: none">• If you bring this to the prenatal checkup with your Maternal and Child Health Handbook, you can receive a subsidy (up to 14 times).

Maternity Mark

The baby's healthy growth inside your body is important.
At the same time, the mother's health is important as well.
Expectant mothers are recommended that they put the Maternity Mark on their belongings such as a bag.
Then people around you can recognize you are pregnant when you take public transportation.



Website for details

<https://www.city.suita.osaka.jp/kosodate/1018205/1018206/1015672.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City Sukoyaka Oyakoshitsu	3F, Health Center, 19-2, Deguchi-cho, Suita City	06-6339-1214
Suita City Sukoyaka Oyakoshitsu (in Minamisenri Branch Office)	4F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6155-2812

Subsidy for delivery

What is this?

This is a subsidy provided for childbirth.

In case the parents have financial problems, the delivery fees will be covered by Suita City.

Eligible people

- Residents in Suita City
- Those who are receiving public assistance

*There are some cases where the parents are ineligible for this system, so be sure to consult with the Child-rearing Support Division of Suita City Hall by the time of delivery.

Website for details

<https://www.city.suita.osaka.jp/kosodate/1018205/1018215/1005608.html>

Contact information

Name	Address	Tel
Child-rearing Support Division of Suita City	1-3-40, Izumi-cho, Suita City	06-6384-1470

Consultation

Counseling service for prospective mothers

If you are worried about delivery and child-rearing, you can consult with midwives or public health nurses.

You can ask for advice on the phone as well.

Counseling service for mothers in the postnatal period

If you are worried about child-raising, you can consult with midwives or public health nurses.

You can ask for advice on the phone as well.

Website for details

<https://www.city.suita.osaka.jp/kosodate/1018205/1015531.html>

Contact information

Name	Address	Tel
Suita City Sukoyaka Oyakoshitsu	3F, Health Center, 19-2, Deguchi-cho, Suita City	06-6339-1214
Suita City Sukoyaka Oyakoshitsu (in Minamisenri Branch Office)	4F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6155-2812

Childcare and Schools

Childcare support programs, nursery schools/kindergartens/certified childcare facilities, school system in Japan, after-school programs, child guidance center, Halo Halo SQUARE (after-school program for children with foreign roots), child allowance/childcare allowance, medical expenses for children

Childcare support programs

Koala Club

This is the place where children (aged 6 or younger) with foreign roots and their parents spend time together.

Adults can talk about their worries of child-rearing in Japan, while children can play together.



Website for details

<https://www.city.suita.osaka.jp/kurashi/1018346/1027468.html>

Contact information

Name	Address	Tel
Suita International Friendship Association (SIFA)	6F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6835-1192

Other childcare support

	Description
Child-rearing workshop	Parents and their children play together and make friends at a nursery school, etc. in Suita City. It is held twice a year (in spring and fall). It is announced in "City Guide Suita (<i>Shiho Suita</i>)" as well.
Carefree Childcare Plaza (<i>Nobi-nobi Kosodate Plaza</i>)	You can get a consultation about child-rearing and talk with other parents. Also, parent-child lessons/gatherings/lectures to learn about child-rearing are held.
Suita Family Support Center	They introduce people who can take care of your children. They can pick up your children (ex. at nursery schools) and take care of your children when you are absent. Fees are required.

Website for details

Child-rearing workshop

<https://www.city.suita.osaka.jp/kosodate/1018257/1018259/1006272.html>

Carefree Childcare Plaza (*Nobi-nobi Kosodate Plaza*)

<https://www.city.suita.osaka.jp/kosodate/1018257/1018261/index.html>

Suita Family Support Center

<https://www.city.suita.osaka.jp/kosodate/1018257/1020175/1006294.html>

Contact information

Name	Address	Tel
Carefree Childcare Plaza (<i>Nobi-nobi Kosodate Plaza</i>)	1F, Yume-tsunagari-miraikan "Yuipia" 4-2-43 Yamada Nishi, Suita City	06-6816-8585
Suita Family Support Center Office		06-6816-8500

Nursery schools, kindergartens, certified childcare facilities

What kind of places are they?

They look after and educate children aged 6 or younger before entering elementary schools.
This service is provided by the 3 types of facilities below.

	Description	Acceptable children's age
Nursery school	In case the parents cannot take care of their children due to work, illness, etc., this facility can look after them.	0 - 5 years old
Kindergartens	Regardless of the parents' situation, this facility can educate and look after their children.	Public: 4 - 5 years old Private: 3 - 5 years old
Certified childcare facilities	This facility has both functions of nursery schools and kindergartens. How to use this facility may differ depending on the parents' situation.	0 - 5 years old

*There are municipal ones (run by Suita City) and private ones (run by private organizations).

*"___ years old" written above means the age of the child as of April 2nd of the year you want to use a facility.

Procedures to use the facilities

	Description
Nursery schools	<ul style="list-style-type: none"> • Regardless of choosing a municipal or a private one, apply to the Nursery Schools and Kindergartens Office of Suita City Hall on the Suita City official website. • If you want to use any of the facilities from next April, you should apply in the fall of the previous year. If you do not mind the entrance month, you can apply anytime other than in March.
Kindergartens/ certified childcare facilities	<p>【Municipal】 If you want to use a facility from next April, you should apply during the specified period in October of the previous year.</p> <p>You can apply on the Suita City official website. If you do not mind the entrance month, you can apply anytime. *For details, call and inquire with the kindergarten/certified childcare facility you want to use.</p> <p>【Private】 If you want to use a facility from next April, you should directly apply to your preferred kindergarten in October of the previous year.</p> <p>If you want to start using it in another month, inquire with the kindergarten.</p>

Usage fee for nursery schools and kindergartens

- If your children are 3 - 5 years old, you do not need to pay the usage fee for nursery schools and kindergartens.
- The usage fee is free for 0 - 2 years old children in the households that are not required to pay municipal taxes (the money paid to Suita City).
- Payment is required for snacks, clothes, etc.
- Submit the required documents for free usage fee to the Nursery Schools and Kindergartens Office of Suita City Hall.

Website for details

<https://www.city.suita.osaka.jp/kosodate/1018230/index.html>

Contact information

Name	Address	Tel
Nursery Schools and Kindergartens Office	1-3-40, Izumi-cho, Suita City	06-6384-1592

School system in Japan

School system in Japan (From elementary school to university)

Age	Type of School	Years of education
From 6	Elementary school	6
From 12	Junior high school	3
From 15	Senior high school	3
From 18	University, Junior college, Vocational school	-

Non-Japanese children can go to Japanese elementary schools and junior high schools as well. Which elementary school or junior high school to go is decided based on where the resident lives.

Procedures to go to elementary schools/junior high schools

【Procedures to enter】

- ① The school enrollment guidebook is sent to your address by mail from the Educational Affairs Division of Suita City Board of Education.



- ② Answer the questions about your child's school plan on the guidebook.



- ③ For those who wish to go to a public school in Suita City, the "school admission letter" will be sent by the Educational Affairs Division of Suita City Board of Education.

【When you move in】

- ① Submit the moving-in notification to the Municipal Division of Suita City Hall and receive the "transfer notification letter".



- ② Submit the "transfer notification letter" to the school your child is going to transfer to.
*In case you received the necessary documents for transferring at the previous school, submit them as well.

Suita City official website (Procedures to enter/transfer schools)
<https://www.city.suita.osaka.jp/kosodate/1018281/1018285/index.html>

School financial aid (subsidy for education)

- Families that have children who go to public elementary schools/junior high schools in Suita City while having financial difficulty, can receive aid for stationary, school trips, etc.
- For details including the amount of aid and requirements, inquire with the Educational Affairs Division of Suita City Board of Education.

Suita City official website (School financial aid, etc.)
<https://www.city.suita.osaka.jp/kosodate/1018281/1018293/index.html>

Multilingual Course and School Life Support Guidance

You can get a consultation about your child's future plan.

This is held in Osaka Prefecture and in Mishima once a year for those who are not confident with their Japanese language skills.

The participants can receive consultation in their native languages.

【Main topics】

- The participants can consult about their future path after graduating junior high school.
- They can learn about the preparation to enter high school and high school life.

Official website of Osaka Prefecture (Support for school life of students who returned to or moved to Japan))

<https://www.pref.osaka.lg.jp/bunkakyouiku/gakkoukyouiku/kouritsushougakkou/jidouseitoshien/kikokujidou/index.html>

Contact information

Name	Address	Tel
Suita City Educational Affairs Division	4F, Suita Thanks 3-bankan, 3-402, Asahi-machi, Suita City	06-6155-8195 06-6155-8196
Suita City School Education Office	4F, Suita Thanks 3-bankan, 3-415, Asahi-machi, Suita City	06-6155-8207

Childcare classes for non stay-at-home guardians

Children can play and do their homework at elementary schools.
This place is for those whose family members are not at home after school.
Fees are required.

Eligible children

First to fourth graders

Available schedule

Day	Time
Monday - Friday	From the class end time to 5 p.m. *Extended care is available from the end of the final class to 6:30 p.m.
The 4th Saturday of the month	From 8:30 a.m. to 5 p.m.
During summer/winter/spring vacations	From 8:30 a.m. to 5 p.m. *Extended care is available from 8:30 a.m. to 6:30 p.m.

Website for details

<https://www.city.suita.osaka.jp/kosodate/1018281/1018276/index.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City After-school Childcare Office	1-3-40, Izumi-cho, Suita City	06-6384-1599

Child guidance

You can get advice on child-related issues including child abuse.
Consultations are available from 9 a.m. to 5:30 p.m, Monday through Friday.
You can talk to a consultant in person as well.

Website for details

<https://www.city.suita.osaka.jp/kosodate/1018219/1018224/1005846.html>

Contact information

Name	Address	Tel
Suita City Child Guidance Office	3F, Health Center, 19-2, Deguchi-cho, Suita City	06-6384-1472

Halo Halo SQUARE (after-school program for children with foreign roots)

This is a place where children (from elementary school to high school students) can play, study, and chat together. They can also learn Japanese and do their homework here.

A lot of volunteers including local people (neighbors), college students, and international students help the children study.

What kind of place is it?

	Description
Eligible people	Children with foreign roots (elementary school/junior high school/ high school students)
Day and time	Friday (except for the year-end and New Year holidays, national holidays, summer break) Elementary school students: 6 p.m. - 7:30 p.m. Junior high school/ high school students: 6 p.m. - 8 p.m
Location	Suita International Friendship Association (SIFA)
Fee	No fees are required.

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018346/1028843/index.html>

Contact information

Name	Address	Tel
Suita International Friendship Association (SIFA)	6F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6835-1192



Child allowance/childcare allowance

What are these?

	Description
Child allowance	This is an allowance provided by Suita City to those who are raising children. It is available if the child is aged 18 or younger.
Childcare allowance	This is an allowance provided by Suita City to those who are raising children. It is available in case where a single parent is raising their child aged 18 or younger (if the child has any disabilities, 20 or younger).

Amount of allowance

• Child allowance

Requirements (ex. age)	Allowance
① From 0 years old to the month when they turn 3 years old (for the first or second child)	15,000 yen/month for each child
① From 3 years old to the March 31st of the year when they turn 18 (for the first or second child)	10,000 yen/month for each child
③ If the family has more than 3 children aged 22 or younger (for the third and younger child)	30,000 yen/month for each of the third and younger child

• Childcare allowance (as of Nov. 1, 2024)

Number of children	Allowance
① 1 child	10,740 yen - 45,500 yen
② 2 or more children	In addition to the ①, 5,380 yen - 10,750 yen is provided for each of the second and younger child.

*The amount is decided based on the previous year's income (ex. salary).

In case the income (ex. salary) exceeds the certain amount, this allowance may not be available.

Website for details

Child allowance

<https://www.city.suita.osaka.jp/kosodate/1018219/1018222/1005540.html>

Childcare allowance

<https://www.city.suita.osaka.jp/kosodate/1018219/1018221/1005598.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City Child-rearing Support Division	1-3-40, Izumi-cho, Suita City	06-6384-1470

Medical expenses for children

Medical subsidy for children

When your child gets sick or injured, Suita City will share the cost.
This service is available if the child is aged 18 or younger.

① Apply to the Suita City Child-rearing Support Division.



② The "Medical Certificate for Children" will be sent to your address.



③ Bring the "Medical Certificate for Children" and the child's "My Number Health Insurance Certificate" when taking your child to a hospital in Osaka Prefecture. If you have the "notification of your health insurance eligibility information", bring it as well.
In case you do not have the child's "My Number Health Insurance Certificate", bring the "Medical Certificate for Children" and either their "health insurance card" or "certificate of eligibility".

Suita City official website (Medical subsidy for children)

<https://www.city.suita.osaka.jp/kosodate/1018219/1018222/1005604.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City Child-rearing Support Division	1-3-40, Izumi-cho, Suita City	06-6384-1470

Medical subsidy for single-parent families

In case of illness or injury, Suita City will share the cost paid at a hospital.

Those who are raising their child aged 18 or younger are eligible.

You can receive this subsidy when you or your child gets sick or injured.

In case your income (salary, etc.) exceeds the specified amount, you are not eligible.

① Apply to the Suita City Child-rearing Support Division.



② The "Medical Certificate for One-parent Families" will be sent to your address.



③ Bring the "Medical Certificate for One-parent Families" and the child's "My Number Health Insurance Certificate" when taking your child to a hospital in Osaka Prefecture. If you have the "notification of your health insurance eligibility information", bring it as well.
In case you do not have the child's "My Number Health Insurance Certificate", bring the "Medical Certificate for One-parent Families" and either their "health insurance card" or "certificate of eligibility".

Suita City official website (medical subsidy system for single-parent families)

<https://www.city.suita.osaka.jp/kosodate/1018219/1018221/1005543.html>

Welfare and Nursing Care Services

Nursing insurance, services for people with disabilities

Nursing insurance

What is this?

Those who are covered by a nursing insurance can receive nursing care services when they grow older, become seriously sick, or need nursing care (ex. support for eating and bathing).

Eligible people

Age	Description
40 or older	Your workplace goes through the required procedures. Those who meet the requirements below are covered by the nursing insurance. <ul style="list-style-type: none">• Those who have been living in Japan for over 3 months• Those who are covered by a medical insurance (health insurance/National Health Insurance/ Medical Insurance for Elderly in the Latter Stage of Life)
65 or older	No procedure is required. All people who have been living in Japan for over 3 months are automatically covered by the nursing insurance.

Eligible people for nursing-care services

Age	Description
40 or older	<ul style="list-style-type: none">• When Suita City assesses nursing care is necessary for the person because of the specified illness• When Suita City assesses a helper is necessary for the person's daily life because of the specified illness
65 or older	<ul style="list-style-type: none">• When Suita City assesses nursing care is necessary for the person• When Suita City assesses a helper is necessary for the person's daily life

Nursing-care services offered

The services vary depending on the users.

Payment for nursing insurance

Age	Description
40 or older	<ul style="list-style-type: none">• It is paid together with the medical insurance fee (health insurance/National Health Insurance/ Medical Insurance for Elderly in the Latter Stage of Life).
65 or older	<ul style="list-style-type: none">• In case you receive more than 180,000 yen/year as your pension, the nursing-care insurance fee is subducted from it.• In case you receive less than 180,000 yen/year as your pension, you have to pay it yourself by using the payment slip sent by the City Hall.

Amount to be paid for services

- You are required to pay 10% of the original fee when you receive the services.
 - If you have a high income, you are required to pay 20% or 30% of the original fee.
 - In case you enter a care facility, part of the fees and the charges for food and stay will be covered.
- *Required fees are fixed at a low rate.

Website for details

<https://www.city.suita.osaka.jp/kenko/1018701/index.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City Elderly Care Office	1-3-40, Izumi-cho, Suita City	06-6384-1343

Available services for people with disabilities

What kind of services are there?

- Lower taxes
- Discount on taxi fares

How to use the services

Receive a disability passbook at the Suita City Disability Welfare Office.

It usually takes 1 - 3 months from application until receiving it.

This passbook is necessary to use the services.

Types of the passbook

	Description
Physical Disabilities Passbook (<i>Shintai Shogaisha Techo</i>)	People with disabilities caused by illnesses or injuries
Rehabilitation Passbook (<i>Ryoiku Techo</i>)	People with intellectual disabilities
Health Care and Welfare Handbook for People with Mental Disabilities	People who have difficulty to live because of mental disabilities

Website for details

<https://www.city.suita.osaka.jp/kenko/1018669/index.html>

Location and contact information for the procedures

Name	Address	Tel
Suita City Disability Welfare Office	1-3-40, Izumi-cho, Suita City	06-6384-1347

Rules to Live in Suita City

How to dispose of garbage, smoking rules, rules for bicycles and motorbikes

How to dispose of garbage

Separation and collection of garbage

This is printed with eco-friendly ink.

Separation & Collection of Waste 12 Groups for Waste Disposal

Operations Division, Environment Dept., Suita City Hall (tel 06-6832-0026)

Please put out the garbage at the designated place by 8 a.m. on the collection day. Garbage is collected on national holidays as well.

Burnable Waste	Recyclable Waste	Bulky Irregular Waste	Small Irregular Waste	Hazardous Waste
Twice a Week	Twice a Month	Once a Month	Once a Month	Once a Month
Collection Day	Every Week			
① Burnable Waste Kitchen Trash, Leather Products, Plastic Products, Expanded Polystyrene, Small Wood Products, Stuffed Toys and Other Small Burnable Waste Kitchen Trash (Strain any excess liquid) Plastic items such as detergent bottles, etc. Videotapes, CD, DVD Cushions Doormats Disposable Hot Packs Trees & Branches under 7cm in diameter and 50cm in length Leather Products Small Wood Products Stuffed Toys Wooden Blocks Make sure to put out burnable waste in red transparent garbage bags. Do not use post boxes for disposal, or we cannot assume the responsibility in case they break at the time of collection. Paper with gold or silver print, glossy paper, photographs, and thermal paper should be discarded as burnable waste because they cannot be recycled.	② Newspapers and Flyers Tie them with strings crosswise. Inserted flyers can be put out together. Put them out on group collection days if possible. ③ Magazines and others Tie them with strings crosswise. Direct Mail Postcards Remove any cellophane and address labels. Remove the handle except when it's made of paper. Paper of small size can be recyclable if it's 3cm square or over, depending on the material. Put them out in a paper bag or something, after tying the bag. ④ Cardboard Make sure to fold them. Tie them with strings crosswise. Put these out on group collection days if possible. ⑤ Rags & Old Clothes Rags and Old Clothes Rags and old clothes can be put in paper bags. Put these out on group collection days if possible. ⑥ Cans Empty Cans Food Cans ⑦ Bottles Cosmetics bottles Empty Bottles Put out empty bottles without caps. Don't break the bottles. Broken bottles are disposed as small irregular waste. Rinse out bottles and cans, and put them directly into a collection container without a bag. ⑧ Beverage cartons After use, please wash and use the containers. Then, bundle them up with string. ⑨ Plastic Bottles Use the designated collection containers for garbage reduction and recycling. Please put bottle caps into a small bag and place it in a recycling container. Collection Container Sites Public Facilities Associate Stores Household waste oil Please filter waste oil to remove impurities, place it into a sealed container and take it to a designated recycling point.	⑩ Bulky Irregular Waste Chests of Drawers (Tansu), Futons, and other collectable and processable things that are bigger (one side is 60 cm or over) than small irregular waste. Just put it out with a label saying "不燃物" (Burnable Waste). Furniture and similar items Carpets Sofas Study Desks Beds Storage Boxes with one side 60cm or over Self Bags Golf clubs Bicycles (including electric ones) Kerosene fan heaters Oil Heaters (The size doesn't matter.) Kerosene fan heaters and kerosene heaters should be discarded as bulky irregular waste.	⑪ Small Irregular Waste Nonburnable waste as a mixture of burnable and nonburnable waste (under 30cm) Place the bags next to the hazardous garbage container. Hardware such as pans and kettles Incandescent Light Bulbs Pottery Dishes Flowerpots Hangers (metal included) Ceramic Bottles, Crystals, Heat-resistant Glass, Plate Glass, Cups, and Broken Bottles Plastic containers Vacuum cleaners Electric Appliances Electric heaters Small Steel Furniture Gas Stoves Toys (metal included) Microwaves Ovens Pots Electric Fans Put out small stuff in a bag. Make sure to remove the batteries and put them out as hazardous waste.	⑫ Hazardous Waste Waste that contains hazardous material or requires special attention such as batteries, fluorescent lamps, and mercury thermometers. Rechargeable batteries, and button batteries for stores that offer recycling. Lithium batteries with the model number "CR" or "BR" must be isolated and taken out as hazardous waste. Disposable Gas Cylinders (Cartridge Type) Spray Cans Lighters Scissors, Knives Thermometers Batteries Fluorescent Lamps Hypodermic needles and puncture needles for blood sugar level measurement are not collected to avoid infection.

Group Collection (Shudan Kaishu)
 Newspapers, magazines, cardboard, rags, old clothes, and dishware cans are collected by residents' association and children's groups.
 Your cooperation is appreciated for effective use of resources.

Uncollectable Waste
 Please contact the retailers or authorized disposal companies for inquiries.
 Tyres Mats Shoji Futumats
 Liquids such as agricultural chemicals, household chemicals, and paint
 Fire Extinguishers
 Flammable gases, tanks, LP gas cylinders, hypodermic needles, and used needles, needles, hot files, oil, fridge, CRT products, and car accessories.
 These are other items that cannot be collected. If you attempt to discard uncollected items, please contact the Operations Division before disposal.

Waste not collected by the city
Waste from business facilities
General Waste
 You must either treat waste from stores, restaurants, and other business facilities on your own responsibility or ask a general waste disposal company for it.
Industrial Waste
 You must either treat waste specified in the Waste Management Law produced from business activities or ask an industrial waste disposal operator for it.

Garbage Collection Support
 For those who have difficulty disposing of household-related garbage due to their age or disabilities, the city hall staff will visit from door to door for pickup.
 Application is required for qualification screening.
 Tel 06-6832-0026

Household medical waste
 This type of waste cannot be included in normal household waste.
 Medical waste is separately collected under the Suita City Household Medical Waste Collection Program.
 Application is required.
 Tel 06-6832-0026
 Please contact the Operations Division for the latest information.
 Printed in January 2024

Move-Out Garbage not free service
 Application is required. This service is available only once. Tel 06-6832-0026
 Apply between a month and 14 days prior in advance.
 Put them out at the regular collection place for bulky irregular waste.
 We don't carry them either out of the premises of detached houses or from inside of houses for you.
 The collection date cannot be designated.
 For the reduction of moving-out garbage, please sort and dispose of garbage in an organized manner by the moving-out day.

Under the "Home Appliances Recycling Law", air conditioners, TVs, fridges, freezers, washing machines, dryers, and wire cables should be collected by retailers. (Free required)
 These are not collected as garbage. All conditioners
 Recycle these as resources.
 PCs
 They are recyclable items under the Law for the Promotion of Utilization of Recyclable Resources.
 These are not collected as garbage.
 Contact the manufacturer. Recycle these as resources.
 Devices
 Desktop PC, Display and Laptop PC

Suita City official website (Separation and collection of garbage)

<https://www.city.suita.osaka.jp/kurashi/1018418/1020112/1015188.html>

Garbage disposal rules

- Take out the designated types of garbage by 8 a.m. of the designated collection day.
 - Separate the garbage into their different types and put them out at the designated garbage collection place.
 - Some items including mobile batteries are recyclable at home appliance stores, etc.
- *Breaking the rules will cause trouble to your neighbors.

Prohibitions

- Do not put the garbage out on days other than the decided ones.
 - Do not put the different type of garbage out on days when another type is designated.
 - Do not put the garbage out in places other than the decided one.
 - Do not put the garbage out without sorting it.
 - Do not take others' garbage home.
- *Those who bring back other's garbage may have to pay a fine.

How to dispose of moving-out garbage

① Call Operations Division of Suita City Hall between a month and 14 days before moving.



② Write your name on the paper that says "引っ越しごみ" (moving-out garbage)" and stick it on the garbage. Then take it out on the moving-out day.
A waste disposal fee is charged.

Garbage not collected by Suita City

	How to dispose
Air conditioners, TVs, fridges, freezers, washing machines, dryers, wine cellars	Take them out to the shop where you bought them. Fees are required.
PCs	Inquire with the PC manufacturer or use the pickup service of ReNet Japan Group,inc.
Button batteries	If they are button cells or cylindrical batteries showing "BR" or "CR", insulate them and put them into a container for hazardous waste (a light blue container). You can insulate them by putting scotch tape on the "+" and "-".

*There are other types of garbage that Suita City does not collect.

Recyclable items collected at designated places

	How to recycle
Plastic bottles	Put them into the collection box at partner supermarkets and Suita City Hall. Remove caps and labels, and wash bottles before putting them into the collection box.
Used edible oil (unable cooking oil)	Put it into the collection box at Suita City Hall, etc. Be sure to put it into airtight containers.
Empty contact lens cases	Put it into the collection box at Suita City Hall, etc. Be sure to remove caps.

Contact information

Name	Address	Tel
Suita City Operations Division	101-D138, 7-7, Tsukumodai, Suita City	06-6832-0026
Suita City Environmental Policy Office	1-3-40, Izumi-cho, Suita City	06-6384-1702

Smoking rules

Prohibitions

Do not smoke around the stations listed below.
Those who smoke there may have to pay a fine.

You cannot smoke around the following stations.		
Hankyu Kita-senri Station	Hankyu Minami-senri Station	Hankyu Kandai-mae Station
Hankyu Suita Station	JR Suita Station	JR Kishibe Station
JR Minami-Suita Station	Osaka Metro Esaka Station	Osaka Monorail Bampaku-kinen- koen Stationa

Contact information

Name	Address	Tel
Suita City Environmental Policy Office	1-3-40, Izumi-cho, Suita City	06-6384-1702

Rules for bicycles and motorbikes

Parking areas for bicycles and motorcycles

Leaving bicycles or motorcycles on the road disturbs others.
They should be parked in the bicycle parking areas near the stations. Fees are required.

Areas where bicycles and motorcycles parking is prohibited

The “No Bicycle Parking Zone” has been set up to eliminate abandoned bicycles and motorcycles around the stations. Even for a short time, the parked bicycles and motorcycles will be taken by the Suita City Hall to a storage facility.

A transportation and storage fee is required to get back the bicycle or motorcycle.
Since it costs money to take them to the storage facility, you must pay in part.

	Money required to have it returned to you (transportation and storage fee)
Bicycles	3,000 yen
Motorcycles	4,500 yen

Enrollment in an insurance

Those who ride a bicycle or a motorcycle must enroll in the "liability insurance".
In case of hurting others or causing their death, the insurance company will pay the insurance payout for them.

Website of Osaka Bicycle Insurance (Osaka Prefecture official website)
<https://www.pref.osaka.lg.jp/dorokankyo/osakahoken/index.html>

Wearing a helmet

When riding a bicycle or a motorcycle, you are required to wear a helmet.

Website for details

<https://www.city.suita.osaka.jp/sangyo/1018186/1018497/index.html>

Contact information

Name	Address	Tel
Suita City General Transportation Affairs Office	7F, DRC Suita, 1-6-3, Satakedai, Suita City	06-6872-6136

Emergency (emergency contact numbers)

Police, ambulance, water/electricity/gas problems, hospitals

Police

In case of serious matters such as accidents and incidents,
call **110**.

Ambulance

You can call an ambulance when you cannot move due to illness or injury.
call **119**.

Water/electricity/gas problems

Details	Tel
Water problems Suita City Waterworks Department, Engineering Office, Water Supply Consultation Group	06-6384-1258
Electrical problems (Kansai Electric Power Co. Hokusetsu Office)	0800-777-8810
Gas Leakage (Osaka Gas Leak Hotline)	0120-519-424

Hospitals

When you go to a hospital, bring your "My Number Health Insurance Certificate" with you. If you have the "notification of your health insurance eligibility information", bring it as well. In case you do not have your "My Number Health Insurance Certificate", bring your "health insurance card" or "certificate of eligibility".

The website below will help you explain your illness or injury to the doctor in your own language.

<https://www.kifjp.org/medical>

Hospitals in Suita City (There are more hospitals other than those listed below.)

Name	Address	Tel
Suita Municipal Hospital	5-7, Kishibeshinmachi, Suita City	06-6387-3311
Children's Holiday and Night-time Medical Emergencies (Toyono Area Children's Emergency Center)	5-1-14, Kayano, Minoh City	072-729-1981

Disaster Preparedness (earthquakes and typhoons)

Earthquakes, typhoons, emergency drill, Disaster Preparedness Handbook, other institutions for disaster information

Earthquakes

There are a lot of earthquakes in Japan. They are unpredictable.
Be prepared to protect yourself.

Preparation

- Secure the drawers and shelves in the rooms.
- Prepare enough food and water to survive for 3-7 days, as well as batteries, flashlights, etc.
- Put necessary items into bags (emergency bags) for evacuation.

When an earthquake occurs

- Protect your head and wait for the tremors to stop.
- When the quake subsides, make sure to turn off gas and anything that may cause fire in your house and move (evacuate) to a safe place.

Website for details

<https://www.city.suita.osaka.jp/anzen/1017894/1017896/1017897/index.html>

Typhoons

They come frequently in summer and fall.

In Japan, heavy rain and strong winds are caused by typhoons.

The damage caused by typhoons has been increasing. Be prepared for your safety.

When a typhoon comes (or a typhoon is forecasted to come)

- When a typhoon comes, it is dangerous to be outside because of strong winds. Stay indoors at all times, except for evacuation.
- The water levels of rivers will rise. Always keep away from rivers.
- Gather the typhoon information from the TV, radio, Internet, etc.
- Evacuate immediately when you feel you are in danger.

Emergency drill

This is a drill to deal with earthquakes and typhoons.

Once a year, Suita City holds a drill for the citizens to evacuate safely and help injured people.

You should participate in it as much as possible.

This is announced on the Suita City official website, etc.

<https://www.city.suita.osaka.jp/anzen/1017894/1017903/index.html>

Contact information

Name	Address	Tel
Suita City Crisis Management Office	1-3-40, Izumi-cho, Suita City	06-6384-1753

Disaster Preparedness Handbook

This handbook features things to prepare for disasters in English, Chinese, and Korean.

<https://www.city.suita.osaka.jp/anzen/1017894/1017901/1017902/1004212.html>

Contact information

Name	Address	Tel
Suita City Crisis Management Office	1-3-40, Izumi-cho, Suita City	06-6384-1753

Other institutions for disaster information

Osaka Foundation of International Exchange (OFIX)

- Disaster preparation information page

<https://ofix.or.jp/doc/disaster-info/>

- Osaka Disaster Preparedness App (provided by the Osaka Prefectural Government)

<https://www.pref.osaka.lg.jp/o020090/shobobosai/odp-app/index.html>

Residence

Procedures

There are three types of housing as listed below.

Types	Procedures	Contact information
① Municipal housing (rented by Suita City)	Applicants will be informed in "City Guide Suita (<i>Shiho Suita</i>)". For details, refer to the Suita City official website: https://www.city.suita.osaka.jp/kurashi/1018501/1018468/1018470/1010032.html	Suita Municipal Housing Management Center 06-6170-9926
② Prefectural housing (rented by Osaka Prefecture)	For details, refer to the website of Prefectural housing: https://www.osakafueijutaku.jp/for-searchers/index.php	Osaka Prefectural Housing Management Center in Senri 06-6155-2782
③ Other housing	Inquire with the real estate company you want to use.	-

*There are some requirements (ex. incomes) to live in ① and ②.

In case of using a real estate company (③ Other housing)

- Decide the conditions to live in, such as the rent, security deposit, area, size of the place, etc.
- When you decide where to live, pay a commission to the real estate company that introduced the place.
- Sometimes a security deposit and key money are required in addition to a commission.

Housing-related vocabulary

	Description
Rent: <i>yachin</i>	This is a payment made every month while renting the house/apartment.
Commission: <i>reikin</i>	This is a mandatory payment to the landlord (<i>yanushi</i>).
Security deposit: <i>shikikin</i>	This is money deposited to the landlord as the move-out fee.
Agent's commission: <i>chukai-ryo</i>	This is a commission paid to the real estate company that introduced you the place.
(Joint) guarantor: (<i>rentai</i>) <i>hoshonin</i>	This is a person who assumes rent payment in case the tenant is not able to pay it. In principle, a guarantor is required to rent a house/apartment.

Water service

Procedure to receive water service

- ① An application form for water usage will be posted on the front door (or somewhere around) of the house/apartment where you are going to live.



- ② Write your name, the starting date of use, etc. on the form and send it to the Suita City Waterworks Department. You can apply on the phone/Internet as well.



- ③ Water will be ready to use immediately.

*If you live in an apartment, you may need to go through a procedure that enables the management association of the apartment or the landlord to use water.

In case water does not come out

Call the Suita City Waterworks Department.

The staff of the department will visit your house/apartment to switch on the water.

Water charge

- This is divided into two types: the charge imposed even if water is not used (basic charge) and the charge imposed depending on the amount of water usage (usage charge).
- If the resident uses the sewage (dirty water which comes out from toilets and baths) service, they must pay the sewage service charge as well.
- Water charge is paid once every two months.

(How to pay water charge)

- Make a payment at banks or convenience stores.
- Direct debit is also available.
- Credit card payment is available as well.
- If you live in an apartment, the management association of the apartment or the landlord may request the payment after checking the total water usage amount of all tenants.

Website for details

<https://www.city.suita.osaka.jp/kurashi/1018513/index.html>

Contact information Contact information

Name	Address	Tel
Suita City Waterworks Department	3-3-60, Minami-Suita, Suita City	06-6384-1255

Electricity

You need to go through some procedures at Kansai Electric Power Co., INC. or other electric power companies to start using electricity.

For details, inquire with the landlord, real estate companies, etc.

Kansai Electric Power Co., INC. official website

<https://biz.kepc.co.jp/>

Gas

You need to go through some procedures at Osaka Gas Co., Ltd. or other gas companies to start using gas.

For details, inquire with the landlord, real estate companies, etc.

Osaka Gas Co., Ltd. official website

<https://www.osakagas.co.jp/>

Suita City Facilities and the Map

City Hall/branch offices, libraries, parks, sports facilities, May Theater (a concert hall), other facilities, Suita City map

City Hall and branch offices

This is where municipal government procedures are carried out.

<https://www.city.suita.osaka.jp/shisei/1018754/1020203/1012376.html>

Name	Address	Tel
Suita City Hall	1-3-40, Izumi-cho, Suita City	06-6384-1231
Yamada Branch Office	2-5-1 Yamada Nishi, Suita City	06-6877-0813
Senrioka Branch Office	14-30 Senriokakami, Suita City	06-6877-0330
Senri Branch Office	1F, Senri New Town Plaza, 1-2-1, Tsukumodai, Suita City	06-6871-0227

Libraries

You can read and borrow books. No fees are required.

<https://www.lib.suita.osaka.jp/facilities/index.html>

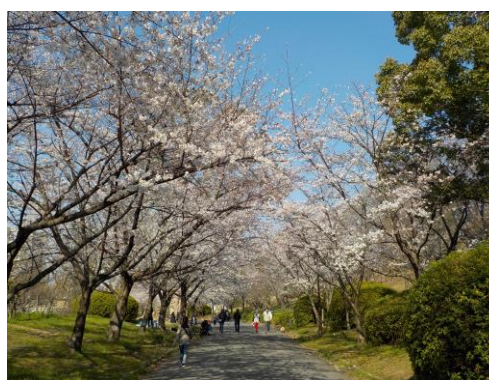
Parks

These are major parks located in Suita City. No fees are required.

<https://www.city.suita.osaka.jp/sangyo/1018152/1018167/index.html>



Esaka Park



Senri-minami Park

Sports facilities

You can play sports in some facilities.

Fees are required.

<https://www.city.suita.osaka.jp/bunka/1018347/1021077/index.html>

May Theater (a concert hall)

This is a facility to hold concerts, plays, etc.

Fees are required in some cases.

<https://maytheater.jp/>



Other facilities

There are various other facilities in Suita City.

For details, refer to the guidebook on the educational facilities in Suita City, "*Hirogare*".

The guidebook on the educational facilities in Suita City - "*Hirogare*"

https://www.city.suita.osaka.jp/home/soshiki/div-chiikikyoiku/manabishien/_76868/001492.html



List of Related Websites

Suita City official website

Here you can find city information including municipal activities and events.

<https://www.city.suita.osaka.jp>

Social media of Suita City

Information about Suita City is available on X/Facebook/LINE/Instagram

<https://www.city.suita.osaka.jp/shisei/1018880/1018934/index.html>

Immigration Services Agency official website

Daily Life Support Portal for Foreign Nationals

<http://www.moj.go.jp/isa/support/portal/index.html>

Website of Osaka Foundation of International Exchange (OFIX)

Living Information for Non-Japanese People

<https://www.ofix.or.jp/life/japanese>